

September 2018

Estill Middle/ Estill High Breakfast Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Menu subject to change
due to availability of menu items!

Chef Salads—Everyday

Breakfast- \$2.30

Lunch—\$3.75

3.



4.

Pop Tart or Cereal
Fresh Fruit
Milk

5.

Waffle Stick & Sausage Pattie or
Cereal
100% Fruit Juice
Milk

6.

Corn Dog Nuggets or Cereal
100% Fruit Juice
Milk

7.

Blueberry Glazed Pancake or Cereal
Sausage Patty
100% Fruit Juice
Milk

10.

Waffle Stick or Cereal
100% Fruit Juice
Milk

11.

Sausage Biscuit or Cereal
Fresh Fruit
Milk

12.

Honey Bun or Cereal
String Cheese
100% Fruit Juice
Milk

13.

Pancake on Stick or Cereal
100% Fruit Juice
Milk

14.

French Toast Sticks or Cereal
Sausage Link
100% Fruit Juice
Milk

17.

Cinnamon Glazed Pancake
or Cereal
100% Fruit Juice
Milk

18.

Grits / Eggs / Sausage
Fresh Fruit
Milk

19.

Chicken Biscuit or Cereal
100% Fruit Juice
Milk

20.

Waffle Stick or Cereal
100% Fruit Juice
Milk

21.

Honey Bun or Cereal
String Cheese
100% Fruit Juice

24.

Waffle Stick or Cereal
100% Fruit Juice
Milk

25.

Breakfast Bagel or Cereal
100% Fruit Juice
Milk

26.

Honey Bun or Cereal
100% Fruit Juice
Milk

27.

French Toast Sticks or
Cereal
100% Fruit Juice / Milk

28.

1/2 Day
Pancake on Stick or Cereal
Sausage Pattie
100% Fruit Juice
Milk